

Tattoo Outline ~ Sample

Introduction:

- A. Surprisingly, only 21% of Americans have a tattoo.
- B. However, tattoos are becoming more commonly seen in our society, and despite their growing popularity, people have mixed feelings about them.
- C. Getting a tattoo can lead to disease and regrets, and although some people believe they are a great way to express one's self, there are other options.
- D. Simply put, getting a tattoo is never a good idea.

I. Diseases

TS: When getting inked, contracting a serious and/or deadly disease is always a risk.

A. Bacterial infections or STD's

- 1. Months or years of treatment
- 2. May not be curable

B. Death

- 1. Hepatitis - 16,000 in 2013 alone. Shuts down liver
- 2. HIV – attacks the immune system. 50,000 new cases annually

CS: Contracting a disease is never the risk of getting a tattoo.

II. Regrets

TS: Studies show that most people who have a tattoo actually regret getting it.

A. Visual barrier

- 1. No job/career – some employers have a policy against hiring people with tattoos
- 2. Society views them as negative, rebellious, immature, and unprofessional

B. People change their minds

- 1. Tastes changes as one grows older. Dermatologist Amy Derick averages 30 laser removals per month. Removal is not only painful but also expensive.
- 2. She says, over 10 percent of her clientele is over 50, and simply regret immortalizing a person or event.

CS: Life can be filled with regrets; a tattoo does not have to be one of them.

III. Self-Expression

TS: Some people believe **a tattoo is a great way to express one's self**; however, there are other options.

- A. Show your personal style through your hair style choice
 - 1. Color/dye it
 - 2. Length/cut
- B. Clothing choice
 - 1. Preppy, Emo, etc.
 - 2. Accessories/jewelry/shoes

CS: Expressing one's self does not have to be limited to just a tattoo; there are numerous ways to express one's personal style.

Conclusion

- A. Getting a tattoo is always the wrong choice.
- B. Tattoos can cause disease and regrets, and although some people believe they are a means to express one's self, there are plenty of better alternatives.
- C. So, simply said everyone should rethink getting inked.